



# Support for bike infrastructure high as Americans turn to bikes for health, recreation, and access to essential services.

Over the last few weeks, Americans have demonstrated a collective determination to fight COVID-19 by staying apart—and it's working. While this incredible national effort has slowed the spread of the virus, this pandemic has undoubtedly affected daily life for all people, including the ways we move around. And while experts predict which of these changes is only temporary and which are permanent, one thing is clear: Americans are biking more.

PeopleForBikes recently commissioned research across 11 metropolitan areas to measure changes in transportation choices and evaluate public support for building bike infrastructure, now and in the future. We found that with careful planning and smart construction, cities can rely on majority support from residents to implement a completely connected, comfortable mobility network that allows people on bikes or on foot to travel safely through their community.

## KEY FINDINGS:

- **More than half of Americans have changed their commuting habits as a result of COVID-19.**

55.8% of respondents indicate that measures taken to prevent the spread of COVID-19 have resulted in changes to their mode of transportation or the cessation of commuting to work completely.

- **Walking and biking are among the most popular forms of recreation and exercise during COVID-19.**

61.6% of respondents indicate they are walking more now than before restrictive COVID-19 measures were put in place. Similarly, 44.50% of respondents indicate they are biking more.

- **One quarter of people on bikes are riding to essential businesses like groceries, restaurants, and pharmacies.**

27% of riders are using bikes to access essential items; 82% of riders bike for exercise and recreation.

- **Riding during COVID-19 has inspired many continue after restrictive measures are lifted.**

Once stay-at-home measures are removed, 40.5% of respondents indicate that they will walk or bike more often than before COVID-19.

- **A majority of Americans support creating safe, connected bike networks in response to COVID-19.**

79.7% of respondents support cities temporarily redesigning roadways to support safe, healthy, and affordable ways of moving around.

- **New bike lanes and car-free streets top the list of preferred improvements making it safer to move by bike.**

62.7% of support building bike lanes; 60.9% support car-free, 45.2% support no-touch crosswalk buttons; and 30.4% support reduced residential speed limits.